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**ABUSE AND NEGLECT**



When you see the words ‘we’ or ‘us’, it

 means Quality Health Care (QHC).



We have written this document in an easy-to-read way. We use pictures to explain some ideas.

This Easy Read document is a summary of other QHC documents. It reflects some of the policies that we have in place and NDIS Practice Standards that we follow.

You can ask for help to read this document. A friend, family member or support person may be able to help you.

**WHAT IS ABUSE?**



**WHAT IS NEGLECT?**



**SPEAK UP – SAY SOMETHING !**



If you were abused or neglected, you may feel scared to speak out or not sure how to di it.

It is important that you do speak up about it



If you were abused or neglected, you should tell someone you trust like a friend or family



You can call the police by dialling 000 , if there is an emergency



You can make a complaint to Quality Health Care by talking to a manager, a staff member or calling the Office number on 02 9598 6000



You can call the National Disability Abuse and Neglect hotline on 1800 880 052



You can call 1800 RESPECT on 1800 737 732
This is the national sexual assault, domestic and family violence counselling service



You can call People with Disability Australia on 1800 422 015. This is a national disability rights, and advocacy and representative organisation