****

**YOUR RIGHTS**

A picture containing text, person

Description automatically generated

**WHAT DO YOU KNOW ABOUT YOUR RIGHTS?**

When you see the words ‘we’ or ‘us’, it



Logo, company name

Description automatically generated means Quality Health Care (QHC).

We have written this document in an easy-to-read way. We use pictures to explain some ideas.

This Easy Read document is a summary of other QHC documents. It reflects some of the policies that we have in place and NDIS Practice Standards that we follow.

You can ask for help to read this document. A friend, family member or support person may be able to help you.

**WHY WE HAVE THIS POLICY?**

A group of people posing for a photo

Description automatically generated with medium confidence

This document is about YOUR **rights**

Our policies need to respect the rights of people with disability.   
You should be included in community life.   
**You have the same rights as everyone.**

**WHAT ARE YOUR RIGHTS?**

**You Should Be Able To:**

A picture containing person, posing, male

Description automatically generated

Make your own choices and have control over your own supports that you choose.

Receive good services.

A collage of people

Description automatically generated with medium confidence

Be safe – no one is allowed to hurt you.

Try new things and take risks sometimes.

If you want, you can seek support from other people – such as your family, or an advocate.

Work with other services if that’s what you need to reach your goals.

If you are unsatisfied with any of the services, make complaints.



**OUR SERVICES SHOULD:**

Graphical user interface

Description automatically generated

Respect everything about you when you are making choices and decisions including:

* Your age
* Whether you are a man or woman
* Your cultural background, religion or faith
* Your sexuality
* Whether or not you are married

Let you speak up.

Respect your privacy.

Icon

Description automatically generatedIcon

Description automatically generatedIcon

Description automatically generatedA picture containing text, clipart

Description automatically generatedA picture containing text

Description automatically generated**CONTACT US**

**YOU CAN ALSO TELL**

NDIS Quality Safeguards Commission  
 [contact@ndiscommission.gov.au](mailto:contact@ndiscommission.gov.au)  
  
**1800 035 544** (free call from landlines)  
 or **TTY 133 677**

If you are discriminated against or bullied   
Australian Human Rights Commission

**1300 369 711**

www.qualityhealthcare.com.au

3-5 Forest Rd Hurstville, NSW 2221

Office@qualityhealthcare.com.au

QHC Office: 02 9598 6000

Diagram

Description automatically generated with low confidence